



Have you noticed that your child or teen finds it hard to pay attention? Do they often move around during times when they shouldn't, act impulsively, or interrupt others? If such issues are ongoing and seem to be impacting your child's

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During an evaluation, the health care provider or mental health professional may:

- Examine the child's mental health and medical history.
- Ask permission to talk with family members, teachers, and other adults who know the child well and see them in different settings to learn about the child's behavior and experiences at home and school.
- Use standardized behavior (b) r (.) 18 (t h)-47 (i)-4.2 (n)15.4 (g)-7.1.4 (c)-2.1 (8) 18 (l)-3.7 (5)-3.3 (





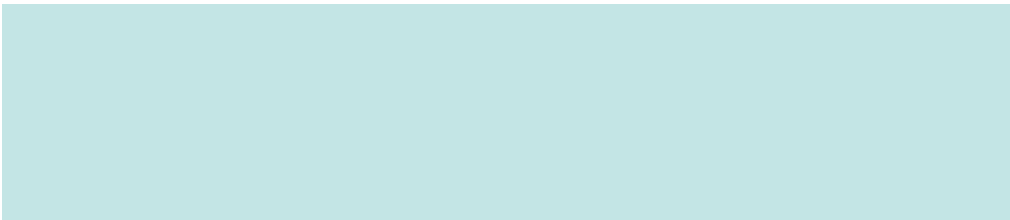
## Parent Education and Support

Mental health professionals can educate the parents of a child with ADHD about the disorder and how it affects a family. They also can help parents and children develop new skills, attitudes, and ways of relating to each other. Examples include parenting skills training, stress management techniques for parents, and support groups that help parents and families connect with others who have similar concerns.

## School-Based Programs

Children and adolescents with ADHD typically benefit from classroom-based behavioral interventions and/or academic accommodations. Interventions may include behavior management plans or teaching organizational or study skills. Accommodations may include preferential seating in the classroom, reduced classwork load, or extended time on tests and exams. The school may prs(e)-4.8 (r)4 (e)-

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

National Institutes of Health

NIH Publication No. 21-MH-8159

(R8 (20)-100)2H